

Better Outcomes

With early detection and treatment, and robust support programmes, patients receiving treatment at NCID can continue to lead healthy and fulfilling lives with near-normal life expectancy.

Fees and Financial Support

Patients need to bring along referral letters from Polyclinics/ CHAS GPs to enjoy subsidised medical care. Patients referred by Action for AIDS, Singapore Anonymous Testing Service would also receive a subsidy of up to S\$200 on their first visit. Please note that bill sizes vary based on treatment.



Scan the QR Code to understand your journey as a patient when seeking care at NCID.



National Centre for
Infectious Diseases

National Healthcare Group

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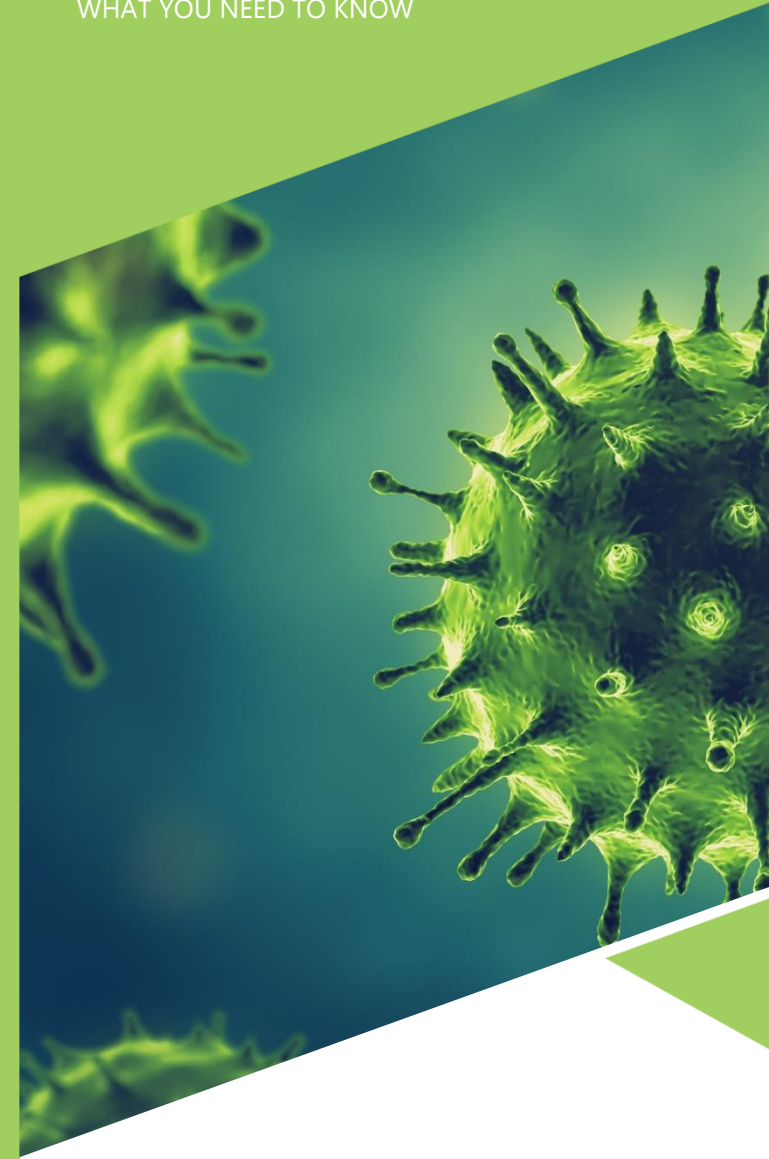
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HOLISTIC HIV CARE SERVICES

WHAT YOU NEED TO KNOW



National Centre for
Infectious Diseases

About HIV

Human Immunodeficiency Virus (HIV) attacks and destroys a person's CD4 cells, which make up part of the immune system. Without treatment, this can lead to a weakened immune system, an HIV infected person is more susceptible to other types of infections, and is also at risk of developing other complications.

At the National Centre for Infectious Diseases (NCID), we provide comprehensive care for patients.

NCID Outpatient HIV Services

Treatment for HIV

Patients who are diagnosed with HIV infection and referred to NCID will be given an appointment date to see our doctors within 7 days. After a holistic assessment, patients will start on anti-retroviral therapy (ART) as soon as possible to keep the disease under control by reducing the amount of HIV in the body. Regular follow-up visits will be planned to monitor patients' condition. Patients will also see doctors from other disciplines, if required, to manage their conditions and minimise the chances of developing other complications often associated with HIV infections.

Pre-Exposure Prophylaxis (PrEP)

PrEP will be prescribed as part of a comprehensive HIV prevention and sexual health strategy to HIV-negative individuals who are at risk of HIV infection.

Post-Exposure Prophylaxis (PEP) Treatment

After consultation with our doctors, PEP will be prescribed to HIV negative individuals who may have had a high risk occupational or non-occupational exposure. This will help to reduce the risk of HIV infection.



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NCID Inpatient HIV Services

HIV positive patients who require admission for further investigations and treatment will be looked after by our team of doctors and nurses in NCID inpatient wards throughout their inpatient stay.

HIV Support Programmes

Positive Prevention Programme

Run by Medical Social Workers, the programme provides counselling and support for patients with emotional, social and financial issues, as well as education on safe sexual behaviours.

Drug Adherence Programme

Helmed by pharmacists, the programme provides counselling and care for patients with HIV who have:
(a) recently started on anti-retroviral therapy (ART);
(b) changed ART regimen; and/or (c) faced challenges with adherence to ART regimen.

NCID Cares

NCID's community engagement and outreach arm looks after the medical needs and emotional well-being of patients with HIV/AIDS by providing help through patient rehabilitation and support programmes. Diagnostic test subsidies, as well as financial support to cover medication costs, are also provided to needy patients living with HIV. NCID Cares also coordinates volunteer engagement to conduct handicraft workshops and other volunteer facilitated activities for patients.



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Medical
needs



Emotional
well-being



Financial
and vocational
assistance



Food and
nutrition
support